



## Ignite Motivation & Foster Resilience with a Growth Mindset!

Teaching kids to have a growth mindset will help them develop persistence, perseverance, and grit...skills that will last a lifetime!

Don't miss this opportunity to help your child succeed in school and beyond.

### Who Should Attend:

Parents of All Age Students

### When:

Thursday, November 7, 2019

6:00—7:30pm

### Where:

Sebastian Middle School  
2955 Lewis Speedway, St. Augustine

### Cost: FREE!

**Childcare provided** for all school-age children.

**Dinner provided** for all adults and children. RSVP to Susan.Connor@stjohns.k12.fl.us by Mon, 11/4.

### During this session, you will learn:

- How NOT to talk to your kids
- Strategies to build resilience in children and yourself
- An understanding of how the brain grows, not just in childhood, but throughout life
- How to develop and nurture a growth mindset at home



St. Augustine local and mother of three, presenter Janna Peskett is Director of Digital Learning and Curriculum Design at Mindset Works, the global leader in growth mindset training for educators and students. As a math teacher, Janna is passionate about sharing the growth mindset message and believes it is the key to closing the achievement gap.



Mindset Works was co-founded by one of the world's leading researchers in the field of motivation, Stanford University professor Carol S. Dweck, Ph.D., and K-12 mindset expert Lisa S. Blackwell, Ph.D. The team translates psychological research into practical programs and services to help students and educators increase their motivation and achievement.

Sponsored By: SJCS Department of Accountability & Intervention Services and Chicken Salad Chick

